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Email and Texting Consent

HIPAA regulations and my professional Code of Ethics both require that I keep your Protected Health Information private and secure, and indeed I want to do so. Email is a very convenient way to handle administrative issues like scheduling or receipt requests, but email is not 100% secure. Texting even less secure. Some of the potential risks you might encounter if we email include:

- . Misdelivery of email to an incorrectly typed address;
- . Email accounts can be hacked, giving a third party access to email content and addresses.
- . Email providers (ie, gmail, Comcast, yahoo), keep a copy of each email on their servers, where it might be accessible to employees, etc.

For these reasons, I will not use email to discuss clinical issues (ie, the important things we talk about in sessions).

If you are comfortable doing so, I am happy to use email to handle small administrative matters like scheduling and billing.

Risks of privacy violations are much greater for texting. Although I realize it is a much accepted way of communicating, it is a method I strongly advise against while we are working together. If you do choose to text me, I will respond via email.

If you are NOT comfortable with these risks, we can handle administrative issues via phone calls.

Please indicate your preference by circling one choice below and sign.

I DO DO NOT consent to use email for administrative matters.

If given, consent will expire 2 years after our last appointment. This means that I will not initiate contact via email, although you are always still welcome to email me, and I can reply briefly if you do.

Signature

Date